Expect Respect

Expect Respect is a research-based program and an extension of Venado's PBIS program. Outcomes of Expect Respect are in increase in the frequency of respectful behavior and a reduction in the frequency of harassment and bullying. Expect Respect: 1) empowers students, 2) impacts bystander behavior and 3) removes reinforcers that maintain disrespectful behavior.

Students are trained annually at the beginning of the school year through Homeroom classes. Respectful behavior is expected at Venado at all times. If a student is the recipient of disrespectful communication, Expect Respect empowers him/her to use the Venado STOP Phrase if it is safe to do so. Venado's school-wide STOP Phrase is: "Enough." Depending on the role of a student in a situation where there may be disrespectful behavior occurring, please refer to the following:

Recipient (individual who feels he/she is being disrespected)

If someone is treating you in a way that does not feel respectful, follow these steps if it is safe to do so:

- Step 1: Use the Venado STOP Phrase, "Enough."
- Step 2: If the person stops, say "cool" or "OK" and move on with your day.
- Step 3: If the person does not stop, decide whether to ignore the person or seek support.
- Step 4: If you decide to ignore the behavior, do not speak with or be around the other person, do not talk about the other person with your peers. If you decide to seek support, select a school adult to approach and ask for support.

Perpetrator (individual who may be displaying disrespectful behavior)

If someone uses the school-wide stop phrase toward you:

- Step 1: Stop what you are doing, even if you don't think you are doing anything wrong.
- Step 2: Remind yourself "No big deal if I stop now."
- <u>Step 3</u>: Say "OK" to the person who asked you to stop and move on with your day.

Bystander (individual who is witnessing disrespectful behavior)

If you observe someone using the stop strategy, and the person who is being disrespectful doesn't stop, do one or all of the following only if it is safe to do so: Use the stop strategy.

- Step 1: Ask the recipient to go with you and leave the area.
- Step 2: Comfort the recipient later by saying something like, "I'm sorry that happened. It wasn't fair."

Seeking Support

If you have used the stop strategy and the problem continues, seek support from an adult on campus by following these steps:

- Step 1: Select a staff member to report to.
- <u>Step 2</u>: Approach the staff member immediately following the incident and say, "I'm having a problem with _____. I asked him/her to stop and he/she continued."
- <u>Step 3</u>: If the staff member isn't available at that time to help solve the problem right then, the staff member will identify an alternative time to meet with you.