

**EXPECT
RESPECT**

Bullying Prevention with the PBIS Framework

WHAT IS EXPECT RESPECT ?

- ★ To be able to tell the difference between **respectful** and *disrespectful* (Mean, Rude, Bullying) behavior.
- ★ To utilize the school wide STOP strategy, “**ENOUGH,**” when someone is being disrespectful to you.
- ★ If you observe someone using the STOP strategy, don't be a Bystander, offer positive support.
- ★ Be able to accept that when someone says, “**ENOUGH,**” it should not escalate any further.
- ★ Be willing to seek support from a trusted adult.

TERMS

Target: a person or thing that is talked about, criticized, or laughed at.

Perpetrator: a person guilty of doing.

Bystander: a person standing near but taking no part in what is happening.

DIFFERENCE BETWEEN RUDE, MEAN AND BULLYING

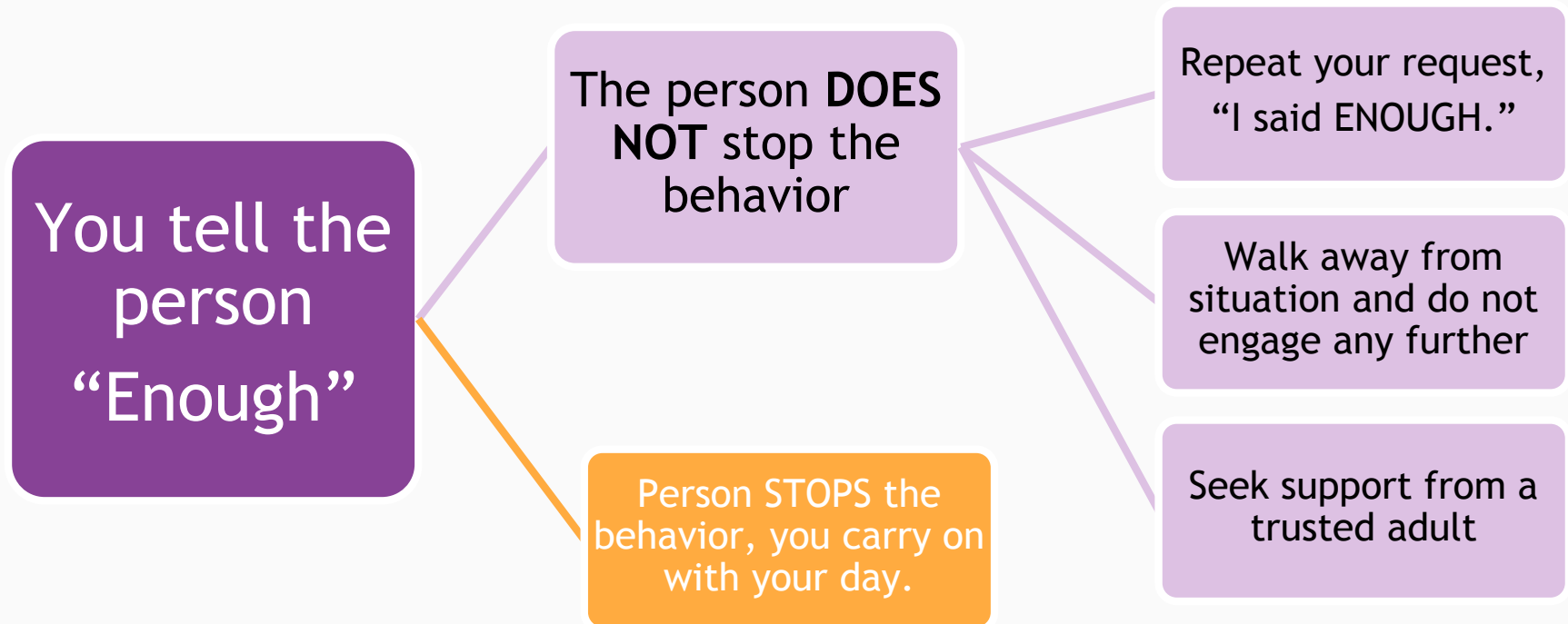
- **RUDE- Unintentionally** saying or doing something that hurts someone else. Typically spontaneous, unplanned, based on thoughtlessness.
- **MEAN - Intentionally** (on purpose) saying or doing something to hurt someone once (or maybe twice).

Meanness also sounds like words spoken in anger--impulsive cruelty that is often regretted.

Can be motivated by angry feelings and /or the misguided goal of propping themselves up in comparison to the person they are putting down.

- **BULLYING-** Intentionally aggressive, *repetitive, targeted* behavior that involves an imbalance of power.

WHEN SOMEONE TREATS YOU WRONG, BAD, MEAN, RUDE...DISRESPECTFUL (TARGET)



IF SOMEONE TELLS YOU... “ENOUGH.”

(Perpetrator)



- Stop what you are doing...even if you don't think you are doing anything wrong.
- Think to yourself, “I need to watch what I say.”
- Acknowledge the person who said ENOUGH by saying, “OK.”
- Move on with your day.

IF YOU HEAR SOMEONE SAYING, “ENOUGH” TO ANOTHER PERSON. (BYSTANDER)

Golden Rule:

“Do unto others as you
would have them do
unto you.”

Offer support!

Use the
STOP
strategy,
“ENOUGH.”

Take the
person who is
being
disrespected
away from the
situation.

Help get
additional
support if
needed.

WHAT EXPECT RESPECT LOOKS LIKE AT SCHOOL...

“ENOUGH” CLIP

<http://www.youtube.com/watch?v=RyCDs5FfRw8>



ANOTHER EXAMPLE...

<https://www.youtube.com/watch?v=ZHkGTKyYfAI>



VENADO'S STOP

PHRASE:

ENOUGH